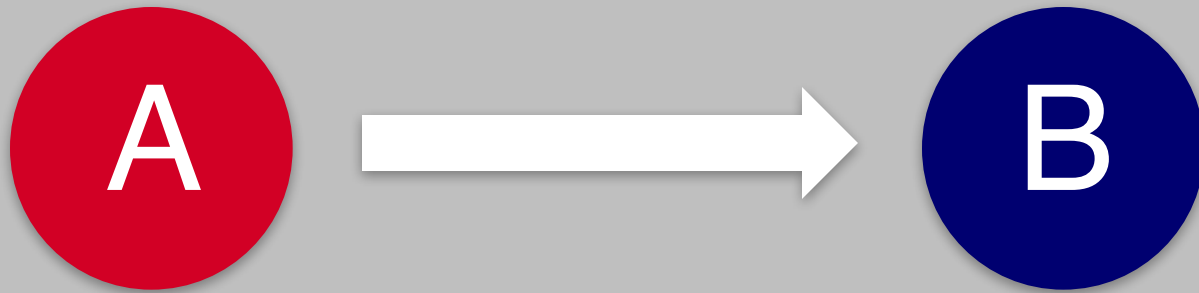
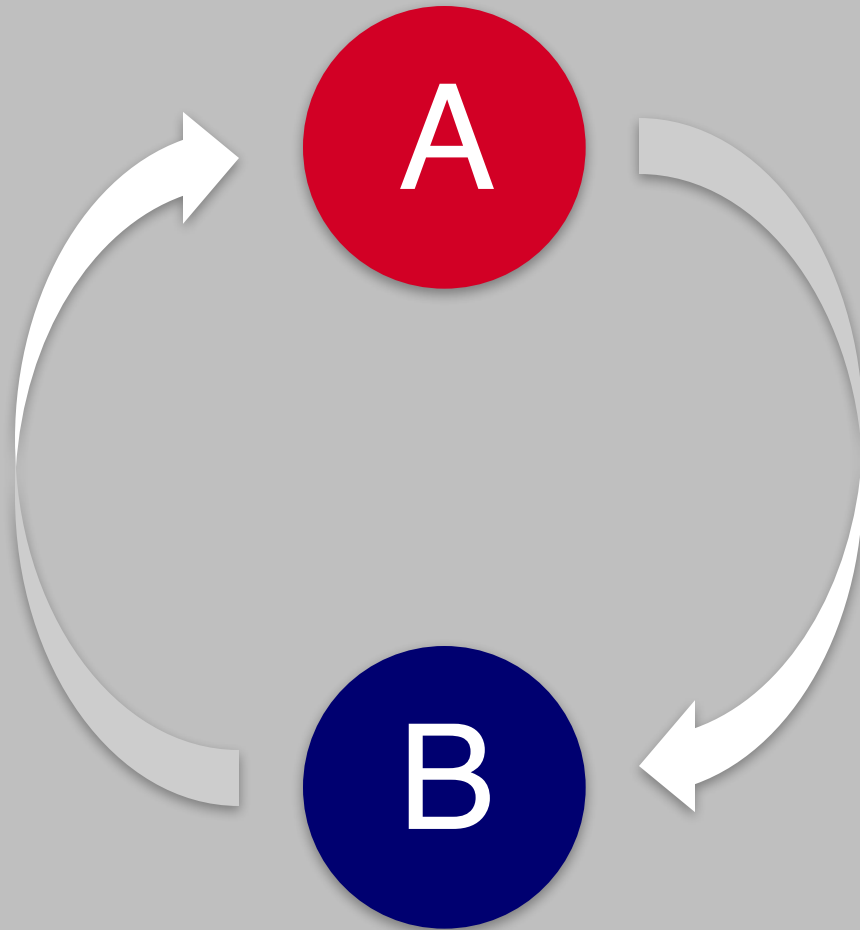


# Interpersonal Cycles



# Linear Cause and Effect

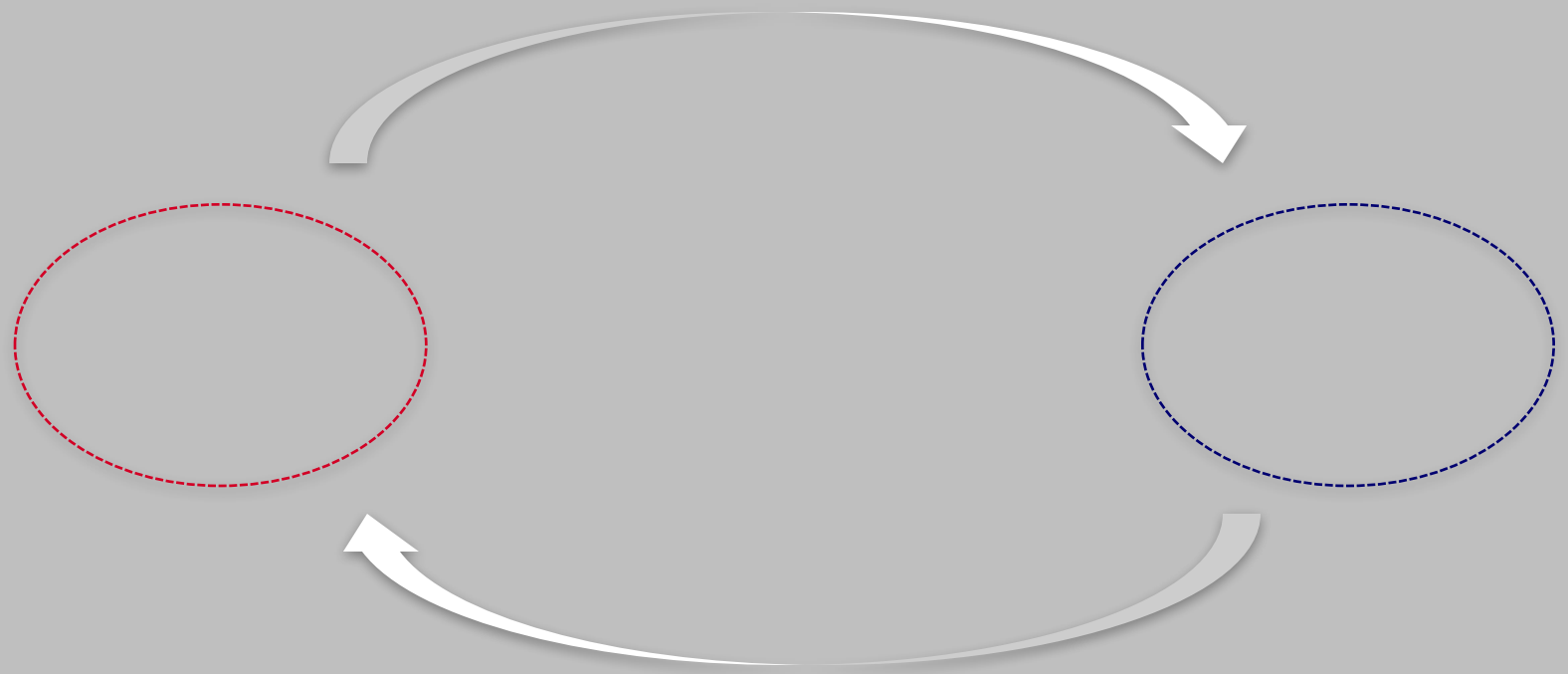


# Circular Influence

*Thoughts*

*Feelings*

*Actions*



*Actions*

*Feelings*

*Thoughts*

# Interpersonal Cycles

